

***MONDAY:***

**10 AM- 6 PM Massage & Ideal Protein**

**12 PM - 6 PM Chiropractic**

***TUESDAY:***

**10 am- 6 pm: Massage & Ideal Protein**

**1 pm- 6 pm: Chiropractic**

***WEDNESDAY:***

**1 PM -6 PM: Chiropractic & Ideal Protein**

**(No Massage Today)**

***THURSDAY:***

 **7 AM- 6 PM ALL SERVICES**

***FRIDAY:***

**7 AM- 5 PM**

**ALL SERVICES**

***SATURDAY:***

**8:00 AM- 12:00 PM**

**ALL SERVICES**